



ECHHO NEWSLETTER

July 2010

ECHHO

Together We Are Making Dreams Come True!

The legendary Andy Mackie was a recent receiver of services from ECHHO. While here at our office with his ECHHO scooter, Andy met a young girl who was here with her mother picking up some medical equipment for her grandmother. As Andy always does, the charismatic charmer formed an instant friendship with young Ursula and gave her a harmonica and free music lesson. Andy, founder of the Andy Mackie Music Foundation, has helped literally thousands of children by giving them free musical instruments and



Andy Mackie and Ursula

lessons. In so doing, he has given children the priceless gift of self-confidence and pride that comes with the joy of learning to play music. All he asked of Ursula was that she share her lessons with another child.

By helping Andy and other generous souls like him, ECHHO's staff and volunteers all play a role in helping people move forward in realizing the wonderful potential that we, as a human family, have for making this world a better place - for those who are here now and for those yet to come.

Last Month's Stats

In June, our volunteers gave a combined total of **302.5 hours** of their time, and drove a total of **4,218 miles** to provide **107 care receivers** with rides to medical, dental, legal and social appointments as well as helping with errands, shopping, chores, home repairs and friendly visits. ECHHO also provided **129 pieces of medical equipment** to our friends and neighbors who cannot afford to buy or rent them. Included were walkers, wheelchairs, bath chairs, bed tables, hospital beds, canes, commodes and a Hoyer lift for transporting immobile patients from their beds or into their beds. We also loaned out power chairs and scooters to help people with limited mobility. We are truly making life better for so many people!



ECHHO needs volunteers to help staff our booth at this years fair. We need helpers who can staff the booth for brief shifts during the three days we will be attending. If you would like to help (*and have fun too!*) please give us a call for details at (360) 379-3246.

On the next page – meet one of our volunteers

This month's featured volunteer

Meet Kay



Kay was raised in Illinois and North Carolina. She lived in Hawaii for 16 years where she met and married her husband. Four of her children still live there.

Kay has worked as a librarian, loves reading and discovering new books. She also loves nature and calls herself an avid birder. Traveling to view birds now, she will soon reach her goal of seeing 7,000 different species world wide.

When asked what her reason was for being an ECHHO volunteer, Kay replied “To help someone else who can't help themselves. Honoring the ‘love thy neighbor – feed my sheep’ command.”

Kay says she feels good when she can help someone else – like a star goes on her calendar for that day. The people she usually helps are much younger than she is and “often they look questioningly at me as if I'm too old! I'll soon be 85 and still in excellent health!”

Other volunteering Kay has done includes working with a crisis line and a soup kitchen, teaching Sunday school classes, helping with Bible school, and helping as an EMT for Marrowstone Island.

We are blessed to have Kay as a volunteer for ECHHO. Her commitment to helping others is a wonderful example of the character demonstrated by all of our wonderful volunteers.

Thank you Kay – your dedication to serving others is inspirational, and we appreciate how you love your neighbors.

No matter your age, volunteer! Be part of this amazing service!

If you can give an hour a month – it could change the life of someone in need! Be a beacon of hope for someone who needs some light and your life will seem brighter as well!



How far that little candle throws his beams!

So shines a good deed in a naughty world.

~William Shakespeare, *Merchant of Venice*

To make a monetary donation, mail your check to ECHHO, 1110 Jefferson St., Port Townsend, WA 98368

If you would like to donate medical equipment or volunteer, please call us at (360) 379-3246

or email us: echhopt@qwestoffice.net ***Thank You for your support!***